Website Terms and Conditions

Last Updated: 29/06/2025

Welcome to the Aequilibrium Life Coaching website. These Terms and Conditions govern your use of our Website and services. By accessing or using our Website, you agree to comply with these Terms.

If you do not agree with these Terms, please do not use our Website.

1. **About Us**

Business Name: Aequilibrium Life Coaching

Owner: Sara Kosinozic

Email: sara.coaching@outlook.com

2. **Services**

Aequilibrium Life Coaching provides life coaching services focused on health and wellbeing. Information on this Website is for general information only and does not constitute medical, psychological, or financial advice.

3. **Use of the Website**

You must be at least 18 years old to use this Website.

You agree not to:

* Use the Website for unlawful purposes.
* Introduce viruses or harmful code.
* Attempt to gain unauthorised access to the Website or our systems.

We may suspend or terminate your access if you breach these Terms.

4. **Booking and Payment**

Coaching sessions can be booked by contacting us directly. Chemistry call can be booked via our Website.

Payment terms, session fees, and cancellation policies will be provided at the time of booking.

We reserve the right to refuse service at our discretion.

5. **Intellectual Property**

All content on the Website, including text, graphics, logos, images, and designs, is the intellectual property of Aequilibrium Life Coaching or our licensors.

You may view, download, and print content for personal use only.

You may not:

* Reproduce, distribute, or commercially exploit our content without permission.
* Modify content in any way.

6. **Disclaimer**

Our coaching services do not constitute medical, psychological, or psychiatric advice, diagnosis, or treatment.

Coaching is not a substitute for professional healthcare, mental health services, or emergency services.

If you are experiencing a crisis or mental health emergency, seek help from a qualified professional or call emergency services.

We make reasonable efforts to ensure information on the Website is accurate, but we make no warranties as to its completeness, accuracy, or suitability.

7. **Limitation of Liability**

To the maximum extent permitted by law:

* We shall not be liable for any loss or damage arising from:
* Your use of our Website.
* Decisions you make based on information provided during coaching or on the Website.

Our total liability shall be limited to the amount paid by you for services in the 12 months preceding the claim.

Nothing in these Terms excludes liability for death or personal injury caused by our negligence, or any liability which cannot be excluded by law.

8. **Privacy and Data Protection**

Your personal information is handled in accordance with our Privacy Policy. By using our Website, you consent to such processing.

9. **Links to Other Websites**

Our Website may contain links to third-party websites. We are not responsible for the content or privacy practices of those websites.

10. **Changes to These Terms**

We may update these Terms from time to time. Any changes will be posted on this page with the updated date.

11. **Governing Law**

These Terms are governed by the laws of England and Wales. Any disputes shall be subject to the exclusive jurisdiction of the courts of England and Wales.

12. **Contact Us**

If you have any questions about these Terms, please contact us at:

Aequilibrium Life Coaching

Email: sara.coaching@outlook.com